

The Play Therapy Training Institute, Inc.

Announces The THIRTY THIRD ANNUAL PLAY THERAPY SEMINAR SERIES

Monroe Township, New Jersey
September 2017 thru August 2018

Director: Heidi G. Kaduson, Ph.D., RPT-S

The Play Therapy Training Institute, Inc. is pleased to offer a small variety of one day Play Therapy Seminars to psychologists, play therapists, counselors, social workers, nurses and all other mental health professionals. The average class size in our program is less than 15, a factor that contributes to an ideal learning environment. Due to limited seating, early registration is strongly recommended.

The seminars will be held in Monroe Township, New Jersey, a short distance from Princeton University. For students who wish to take a large number of our seminars (usually over a number of years) we offer a Certificate Program in Play Therapy that consists of two levels: Level One involves 102 hours of instruction in basic concepts and techniques of Play Therapy. Level Two consists of 102 hours of training in advanced Play Therapy theory and practice. Each day provides 6 continuing education units. A Certificate is granted after completion of each Level, and more information is available on our website: ptti.org or by request.

All seminars are non-credit, continuing education type courses. The following Seminars will be offered in 2017/2018:

Date Sun, Sep 17, 2017

Course Description

Time 8:30 am - 4:00 pm

Course # 275

Title Post Traumatic Play Therapy for
Survivors of Disaster and Community
Violence

Instructor Heidi G. Kaduson, Ph.D., RPT-S

This advanced course will go through the process and planning for treatment of children who have been traumatized through abuse, natural disaster or other incidents that have been experienced. The participants will see how the process is used in Type I trauma as well as in Type II traumas and how different methods are used in play therapy to facilitate the healing process of the children. Some experiential work will be done, and illustrations will be provided through case presentations.

Date Sun, Oct 22, 2017

Time 8:30 am - 4:00 pm

Course # 208

Title Play Therapy for Children of Alcoholics and Addicts

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Children are at great risk for emotional, sexual and physical abuse by parents or guardians who use alcohol or other substances. Many have called it the silent trauma. Many children become vulnerable to assuming the role of the family scapegoat and are frequently blamed for the substance user's behaviors. This workshop will review the literature and research in this field, and how play therapy is the natural medium to treat children who struggle with this existence. Participants will learn how to manage the family system while allowing the therapeutic powers of play help the child work through the problems associated with being a child

Date Sun, Nov 19, 2017

Time 8:30 am - 4:00 pm

Course # 102

Title Game Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Therapeutic board games have become increasingly popular tools used in Play Therapy with elementary school children and adolescents. Through lecture and play simulations, participants will become familiar with games designed to promote problem-solving, self expression, communication, reality testing, and socialization. A variety of therapeutic board games, card games, video games, action-oriented games, and fine-motor games will be presented. Case examples will be illustrated by video presentation. **This is a Level 1 Core Course.**

Date Sun, Dec 10, 2017

Time 8:30 am - 4:00 pm

Course # 110

Title Metaphors in Play Therapy Storytelling

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

In this experiential workshop, participants will learn strategies for using story techniques, including the Mutual Storytelling, the disorder book, narrative techniques and other types to facilitate play therapy with children and adolescents. The participants will be guided through designing individual therapeutic metaphors in storytelling for specific clients and disorders. The use of Bibliotherapy will also be incorporated. Case studies will be used to illustrate through play therapy.

Date Sun, Jan 28, 2018

Time 8:30 am - 4:00 pm

Course # 225

Title When It Hurts: Play Therapy for Treating Children Who Have Been Sexually and/or Physically Abused

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

This workshop will focus on multiple ways in which play therapists can better understand and respond to sexually and physically traumatized children. The literature on child sexual and physical abuse will be reviewed, along with the clinical studies that facilitate the healing. Focus will be placed on responding to the young victim's feelings of powerlessness, betrayal, shame and confusion. It will also illustrate treatment approaches designed to help these children voice their painful feelings through play therapy, regain a sense of mastery and integrate the abuse into a broader sense of self. The play therapist's vulnerability will also be

Date Sun, Feb 18, 2018

Time 8:30 am - 4:00 pm

Course # 115

Title Play Therapy for Children with Excessive Worrying

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

In an age of increased anxiety, many children are being seen with excessive worrying. This can interfere with their ability to have the quality of life that children need to prosper and learn. As a play therapist, we have the tools to allow these children to work through the worry and, in addition, teach them through play how to minimize or discontinue worry and allow for positive thinking. This seminar will provide a learning experience that will enhance their abilities to treat children with this syndrome. Experiential techniques will be provided as well as illustrations via DVD presentations.

Date Sun, Mar 18, 2018

Time 8:30 am - 4:00 pm

Course # 204

Title Puppet Play Therapy Advanced

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Advanced Puppetry is based on knowing the importance of puppetry in play therapy. Participants will leave this workshop equipped to use puppets in the following ways: 1) to create therapeutic stories and convey healing metaphors to child clients, 2) to teach skills (social skills, anger management skills, problem solving skills, and anxiety reduction skills, etc.) and practice these skills, 3) to process traumatic events and help the child gain mastery over them, 4) to overcome resistance to treatment, 5) to help children assess therapeutic progress and reflect on the work that has been accomplished during treatment and 6) to assess the child's perceptions of family dynamics and salient events in their lives. Participants will create one puppet during the course of the day to take home to their playrooms. Videotape segments of puppet work in actual client sessions will be presented.

Date Sun, Apr 15, 2018

Time 8:30 am - 4:00 pm

Course # 105

Title Psychodynamic Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Play Therapy traces its origins to psychoanalytic theory. This seminar presents an overview of concepts underlying Psychoanalytic Play Therapy and the value of these ideas in contemporary practice. Focus will be on: conducting a psychodynamic assessment; using the initial play sessions to develop a working alliance and a dynamic understanding of the child; working with transference, countertransference and resistance; adapting interventions at various stages of treatment; and termination. The diverse roles and ego functions, which the therapist provides and ways to elicit parent involvement will be discussed. Clinical case material will be used to illustrate the concepts discussed and a description of play materials for working within this paradigm will be provided. **This is a Level 1 Core Course.**

Date Sun, May 20, 2018

Time 8:30 am - 4:00 pm

Course # 232

Title Short-Term Play Therapy - Advanced

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

In the current managed care environment, psychotherapy is time-limited. This workshop focuses on short-term play therapy techniques to help children gain mastery and competence and to resolve psychological difficulties. The therapist is trained to take a directive, active, focused stance to bring problems into the open and to help guide children in the resolution of these issues. Therapists learn to formulate a central theme, develop a contract, and select appropriate materials to facilitate this process. A ten-week program will be illustrated. Videotapes enhance the didactic presentation. **This is a Level 2 Core Course.**

Date Sun, Jun 10, 2018

Time 8:30 am - 4:00 pm

Course # 152

Title Play Therapy for Grieving Children

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Bereavement is a universal factor of life, and children's grieving is easily confused with other symptoms in psychotherapy. Since children are exposed prematurely and increasingly to traumatic loss due to the escalation of violence in our society, this presentation will provide the guidelines for helping children based on developmental considerations and play therapy approaches. Specific play therapy techniques of drawing, doll-play, and creative story-telling will be demonstrated in detailed case presentations

Date Sun, Jul 15, 2018

Time 8:30 am - 4:00 pm

Course # 234

Title Play Therapy with Adolescents

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

This workshop will help participants learn how to connect with teenagers through play therapy and understand common developmental misconceptions that often encourage negative stereotypes. Developmental stages of communication will be reviewed and interventions will be discussed to assist participants in developing an appropriate approach to treatment. We will rehearse the types and uses of therapeutic letter writing, and experiential activities that help adolescents overcome obstacles and gain closure on traumatic events. Participants will be encouraged to explore their values toward this population and reconnect with the healing powers of play. Special attention will be given to working with the resistant adolescent.

Date Sun, Aug 19, 2018

Time 8:30 am - 4:00 pm

Course # 224

Title Teaching Parenting Skills to Parents
Whose Children are in Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Every play therapist must be well-versed in effective parenting skills to complement their playroom interventions. The focus of this workshop will be on the fundamentals of effective discipline of preschool and school-aged children. Topics will include parenting styles, parent-child relationship building, effective limit setting, planned ignoring, positive reinforcement of desired behaviors and punishment alternatives to yelling and spanking. Common pitfalls in disciplining young children will also be discussed, as well as guidelines for conducting parent education groups.

TRAINING SITE

All the Play Therapy Seminars will be held at the office of The Play Therapy Training Institute, Inc., 983 Route 33, Building 2 ~ Suite C, Monroe Township, NJ 08831, (609)448-2145, located approximately 2.5 miles east of the New Jersey Turnpike at exit 8. Registration for each seminar will be held in the front office between 8:00 a.m. and 8:30 a.m. on the days scheduled. Bagels and coffee will be provided. Training room temperature may fluctuate. Please dress comfortably and bring a sweater or jacket into the building with you. An exhibit of Play Therapy books will be available.

NONDISCRIMINATION POLICY

We welcome participants of any race, color, national/ethnic origin, age, religious creed, sex, sexual orientation, or disabling condition, and accord everyone the same rights, privileges, programs, and activities. We do not discriminate and we will make any reasonable accommodation to ensure that workshops are accessible. We welcome personal helpers/caregivers/interpreters as well.

CONTINUING EDUCATION

These Seminars are approved by the Association for Play Therapy (APT) Approved Provider 95-002. Six (6) continuing education credits will be awarded to participants who attend each entire day-long workshop. Partial credit cannot be given for late arrivals or early departures. No exceptions can be made to this policy. Direct questions about registration and workshops to 609-448-2145.

CANCELLATION POLICY

To cancel your seminar reservation, we must receive your notice **NO LATER** than 30 days before the seminar date. **All cancellations and changes to other workshops will be subject to a \$35.00 administrative charge per seminar.**

