

The Play Therapy Training Institute, Inc.

Announces The THIRTY FOURTH ANNUAL PLAY THERAPY SEMINAR SERIES

Monroe Township, New Jersey
September 2018 thru August 2019

Director: Heidi G. Kaduson, Ph.D., RPT-S

The Play Therapy Training Institute, Inc. is pleased to offer a small variety of one day Play Therapy Seminars to psychologists, play therapists, counselors, social workers, nurses and all other mental health professionals. The average class size in our program is less than 15, a factor that contributes to an ideal learning environment. Due to limited seating, early registration is strongly recommended.

The seminars will be held in Monroe Township, New Jersey, a short distance from Princeton University. For students who wish to take a large number of our seminars (usually over a number of years) we offer a Certificate Program in Play Therapy that consists of two levels: Level One involves 102 hours of instruction in basic concepts and techniques of Play Therapy. Level Two consists of 102 hours of training in advanced Play Therapy theory and practice. Each day provides 6 continuing education units. A Certificate is granted after completion of each Level, and more information is available on our website: ptti.org or by request.

All seminars are non-credit, continuing education type courses. The following Seminars will be offered in 2018/2019:

Date Sun, Sep 23, 2018

Course Description

Time 8:30 am - 4:00 pm

Course # 103

Title Play Diagnosis and Assessment

Instructor Heidi G. Kaduson, Ph.D., RPT-S

The growing field of Play Diagnosis and Assessment provides many formal as well as informal techniques which facilitate the identified child's ability to participate in the evaluation process. The goal of this seminar is to present a general overview of the field. The seminar will include a discussion of the advantages and disadvantages of Play Assessment and will survey a variety of Play Techniques and Scales which can enhance the assessment of children and their families. The purpose of this course is to familiarize the participants with some of the available alternative procedures for gleaning information through Play Behaviors. Although a few methods will be highlighted in some detail, most will be generally reviewed with regard to their purpose and potential usages.

Date Sun, Oct 21, 2018

Course Description

Time 8:30 am - 4:00 pm

Course # 290

Title 101 Favorite Play Therapy Techniques

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Techniques are the tools that play therapists use to help children resolve their psychological difficulties. In this seminar, a wide variety of play techniques will be described, including fantasy techniques, storytelling techniques, expressive art techniques, play toys/objects techniques, and group play techniques. These play tools all meet the criteria of being specific, practical, and relatively easy to implement. In addition, they are based on solid theoretical frameworks and extensive practical application by play therapists around the world. They should be of interest to beginning and experienced play therapists of all theoretical orientations.

Date Sun, Nov 18, 2018

Time 8:30 am - 4:00 pm

Course # 152

Title Play Therapy for Grieving Children

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Bereavement is a universal factor of life, and children's grieving is easily confused with other symptoms in psychotherapy. Since children are exposed prematurely and increasingly to traumatic loss due to the escalation of violence in our society, this presentation will provide the guidelines for helping children based on developmental considerations and play therapy approaches. Specific play therapy techniques of drawing, doll-play, and creative story-telling will be demonstrated in detailed case presentations.

Date Sun, Jan 27, 2019

Time 8:30 am - 4:00 pm

Course # 114

Title Sandtray Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

This is a didactic and experiential workshop designed to introduce participants to sand tray play therapy. An overview of the necessary materials (sand, water, miniature objects) needed to set up and begin utilizing sand tray play therapy will be presented. Participants will have their own experience of working directly in the sand. They will explore how to invite, observe, experience and process this method of play therapy with their clients.

Date Sun, Feb 17, 2019

Time 8:30 am - 4:00 pm

Course # 208

Title Play Therapy for Children of Alcoholics and Addicts

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Children are at great risk for emotional, sexual and physical abuse by parents or guardians who use alcohol or other substances. Many have called it the silent trauma. Many children become vulnerable to assuming the role of the family scapegoat and are frequently blamed for the substance user's behaviors. This workshop will review the literature and research in this field, and how play therapy is the natural medium to treat children who struggle with this existence. Participants will learn how to manage the family system while allowing the therapeutic powers of play help the child work through the problems associated with being a child of an addicted parent. Techniques will be used to facilitate treatment, as well as child-centered approaches to allow the child begin healing.

Date Sun, Mar 24, 2019

Time 8:30 am - 4:00 pm

Course # 117

Title Cognitive Behavioral Play Therapy:
Theory and Practice

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Cognitive-behavioral Play Therapy incorporates cognitive and behavioral interventions within a play therapy paradigm. It provides a theoretical framework based on cognitive-behavioral principles and integrates these in a developmentally sensitive way. Specific problem-solving approaches are used, which help the child develop more adaptive thoughts and behaviors. This workshop will describe the integration of cognitive, behavioral, and traditional approaches to play therapy. Attention will be given to both theory and techniques inherent in the cognitive-behavioral play therapy approach. Case examples of short term therapy with preschool and young school-age children with a variety of presenting problems will be presented to demonstrate the effectiveness of Cognitive-Behavioral Play Therapy.

Date Sun, May 26, 2019

Time 8:30 am - 4:00 pm

Course # 241

Title Play Therapy for Angry Children

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Angry children tend to be a difficult group of clients to treat for many therapists. Anger management programs that are about talking it out do not seem to work. Play therapy helps children work through their angry feeling and channel that anger appropriately. Children have to learn to direct the energy that mounts inside when they become angry. This workshop will lead participants in the acquisition of play therapy techniques to use with angry children to break through the resistance, engage them in therapy, and help them manage their anger in a constructive way. Videos, case studies, and skill practice will enhance the presentation.

Date Sun, Jul 21, 2019

Time 8:30 am - 4:00 pm

Course # 111

Title Puppet Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Participants will leave this workshop equipped to use puppets in the following ways: 1) to create therapeutic stories and convey healing metaphors to child clients, 2) to teach skills (social skills, anger management skills, problem solving skills, and anxiety reduction skills, etc.) and practice these skills, 3) to process traumatic events and help the child gain mastery over them, 4) to overcome resistance to treatment, 5) to help children assess therapeutic progress and reflect on the work that has been accomplished during treatment and 6) to assess the child's perceptions of family dynamics and salient events in their lives. Participants will create one puppet during the course of the day to take home to their playrooms. Videotape segments of puppet work in actual client sessions will be presented. Participants will see clients process everything from divorce to sexual abuse to adoption through puppets.

Date Sun, Aug 18, 2019

Time 8:30 am - 4:00 pm

Course # 107

Title Short-Term Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

In the current managed care environment, psychotherapy is time limited. This workshop focuses on short-term play therapy techniques to help children gain mastery and competence and to resolve psychological difficulties. The therapist is trained to take a directive, active, focused stance to bring problems into the open and to help guide children in the resolution of these issues. Therapists learn to formulate a central theme, develop a contract, and select appropriate materials to facilitate this process. A ten-week program will be illustrated. Videotapes enhance the didactic presentation.

TRAINING SITE

All the Play Therapy Seminars will be held at the office of The Play Therapy Training Institute, Inc., 983 Route 33, Building 2 ~ Suite C, Monroe Township, NJ 08831, (609)448-2145, located approximately 2.5 miles east of the New Jersey Turnpike at exit 8. Registration for each seminar will be held in the front office between 8:00 a.m. and 8:30 a.m. on the days scheduled. Bagels and coffee will be provided. Training room temperature may fluctuate. Please dress comfortably and bring a sweater or jacket into the building with you. An exhibit of Play Therapy books will be available.

NONDISCRIMINATION POLICY

We welcome participants of any race, color, national/ethnic origin, age, religious creed, sex, sexual orientation, or disabling condition, and accord everyone the same rights, privileges, programs, and activities. We do not discriminate and we will make any reasonable accommodation to ensure that workshops are accessible. We welcome personal helpers/caregivers/interpreters as well.

CONTINUING EDUCATION

These Seminars are approved by the Association for Play Therapy (APT) Approved Provider 95-002. Six (6) continuing education credits will be awarded to participants who attend each entire day-long workshop. Partial credit cannot be given for late arrivals or early departures. No exceptions can be made to this policy. Direct questions about registration and workshops to 609-448-2145.

CANCELLATION POLICY

To cancel your seminar reservation, we must receive your notice **NO LATER** than 30 days before the seminar date. **All cancellations and changes to other workshops will be subject to a \$35.00 administrative charge per seminar.**

