

The Play Therapy Training Institute, Inc.

Announces The FOURTH ANNUAL PLAY THERAPY WEBINAR SERIES

Monroe Township, New Jersey
February 2020 through December 2020

Director: Heidi G. Kaduson, Ph.D., RPT-S

The Play Therapy Training Institute, Inc. is pleased to offer a variety of Play Therapy Webinars to psychologists, play therapists, counselors, social workers, nurses and all other mental health professionals. The average class size in our program is less than 25, a factor that contributes to an ideal learning environment. Due to limited seating, early registration is strongly recommended. Students must attend the entire webinar in order to receive CE credits.

For students who wish to take a large number of our webinars (usually over a number of years) we offer a Certificate Program in Play Therapy that consists of two levels: Level One involves 102 hours of instruction in basic concepts and techniques of Play Therapy. Level Two consists of 102 hours of training in advanced Play Therapy theory and practice. Each webinar provides 2 to 4 continuing education units. A Certificate is granted after completion of each Level, and more information is available on our website: ptti.org or by request.

To register for a webinar please visit our website at www.ptti.org.

The following Webinars will be offered in 2019:

Date Sun, Feb 16, 2020

Course Description

Time 7:00-9:00 PM

Course # 266

Title The Creative Process: How to Access
Your Playful Self and Connect With
Children Through Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

The creative process is within all of us, but it is at times difficult to access. When working with children in play therapy, the key to success is the relationship. Many children find it difficult to connect and trust any adult who only uses talk therapy. The therapeutic relationship is the key to change, and the playful self can help connect with the children through play therapy. This workshop will illustrate the usefulness of play therapy and the playful self, as well as allow for the creative process to flow for the therapist. Being with the child in play therapy allows for him or her to go deeper into psychological difficulties, formulate strategies and successfully heal. Humor and laughter are keys in reducing anxiety in the playroom, as well as allowing the playful self to emerge.

Date Sun, Mar 15, 2020

Time 7:00-9:00 PM

Course # 104

Title Using Play Therapy to Teach Social Skills

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Children who lack social skills are ignored, rejected or bullied. Teaching social skills through "talking" about the skills does not seem to be understood by children who have social deficiencies. They know what to do, but they just don't do it. Play Therapy is a natural course to take to teach social skills to children. Through individual or group settings, the play opens the avenue to knowledge by allowing the child to feel what it is like to have social skills. These children cannot learn by just seeing or hearing. Children who are deficient in social skills need to feel it to know it. When something is fun, children persist at it, learn more, and become more fully engaged. This workshop will provide the participants with various methods of play therapy that can be used to teach social skills. DVD presentations will illustrate some of the techniques, while others will be done experientially.

Date Sun, Apr 5, 2020

Time 7:00-9:00 PM

Course # W234

Title Play Therapy with Adolescents

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

This workshop will help participants learn how to connect with teenagers through play therapy and understand common developmental misconceptions that often encourage negative stereotypes. Developmental stages of communication will be reviewed and interventions will be discussed to assist participants in developing an appropriate approach to treatment. We will rehearse the types and uses of therapeutic letter writing, and experiential activities that help adolescents overcome obstacles and gain closure on traumatic events. Participants will be encouraged to explore their values toward this population and reconnect with the healing powers of play. Special attention will be given to working with the resistant adolescent.

Date Sun, Jun 7, 2020

Time 7:00-9:00 PM

Course # 152

Title Play Therapy for Grieving Children

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Bereavement is a universal factor of life, and children's grieving is easily confused with other symptoms in psychotherapy. Since children are exposed prematurely and increasingly to traumatic loss due to the escalation of violence in our society, this presentation will provide the guidelines for helping children based on developmental considerations and play therapy approaches. Specific play therapy techniques of drawing, doll-play, and creative story-telling will be demonstrated in detailed case presentations.

Date Sun, Jul 12, 2020

Time 7:00-9:00 PM

Course # 212

Title Using Play Therapy to Enhance
Self-Esteem

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Children begin forming beliefs about themselves early in life. Due to the pressures of competition, school achievement and the like, children are at high risk of developing low self-esteem. This results from the child having a poor self-image caused by a number of factors in their environment. The relationship of self-esteem to school achievement, crime, violence, and suicide emphasizes the need to help enhance a child's self-esteem. When children have a high level of self-esteem, they are more confident, happy and sure of themselves. This workshop will cover facts about self-esteem, how play therapy can help enhance it, and also what parents and teachers can do to protect it. There will be experiential work in this seminar, as well as video presentations.

Date Sun, Aug 30, 2020

Time 7:00-9:00 PM

Course # W224

Title Teaching Parenting Skills to Parents
Whose Children are in Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Every play therapist must be well-versed in effective parenting skills to complement their playroom interventions. The focus of this workshop will be on the fundamentals of effective discipline of preschool and school-aged children. Topics will include parenting styles, parent-child relationship building, effective limit setting, planned ignoring, positive reinforcement of desired behaviors and punishment alternatives to yelling and spanking. Common pitfalls in disciplining young children will also be discussed, as well as guidelines for conducting parent education groups.

Date Sun, Oct 4, 2020 - Sun, Oct 11, 2020

Time 7:00-9:00 PM

Course # W254

Title Therapeutic Implications of Child
Development in Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Basic child development has major implications for effective play therapy. For each of three age levels, 3-5, 6-9, and 10-12 year olds, those aspects of development most relevant to play therapy will be described and the specific implications of each for play therapy will be elaborated. Major shifts in language and cognitive abilities in such areas as reasoning, memory, problem solving and intellectual skills occur across the three age groups. In addition, children's age specific responses to such events as death, divorce, abuse, illness, family violence and trauma will be examined for their implications in play therapy. Charts specifying the major developments for each age group and their implications for play therapy will be provided.

Date Sun, Nov 8, 2020

Time 7:00-9:00 PM

Course # 292

Title School-Based Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

School counselors are becoming increasingly aware of the benefits of using play therapy techniques and strategies in public and private schools alike. This workshop will discuss and illustrate ideas for overcoming the obstacles that counselors face in setting up a playroom, informing teachers, parents and administrators about play therapy, and facilitating the psychological healing for the children through play therapy in the school setting. Participants will learn techniques and processes to use for children through play therapy, and successful strategies will be presented that help the child enter and exit the therapy session successfully. The didactic presentation will have DVD illustrations of the topics presented, as well as experiential portions to help feel play therapy at work.

Date Sun, Dec 6, 2020

Time 7:00-9:00 PM

Course # W134

Title Play Therapy for Perfectionistic Children:
Helping anxious children and parents

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

The pressures and disappointments inherent in striving for the unattainable goal of perfection can result in considerable anxiety for children and parents alike. This seminar will cover the sources of perfectionism in children as well as the ways it can contribute to anxiety and maladaptive behavior patterns. Participants will learn various intervention approaches, including Play Therapy, Filial Therapy, storytelling techniques and cognitive-behavioral methods which have been applied to children, adolescents, and parents with perfectionism-related difficulties.

NONDISCRIMINATION POLICY

We welcome participants of any race, color, national/ethnic origin, age, religious creed, sex, sexual orientation, or disabling condition, and accord everyone the same rights, privileges, programs, and activities. We do not discriminate and we will make any reasonable accommodation to ensure that webinars are accessible. We welcome personal helpers/caregivers/interpreters as well.

CONTINUING EDUCATION

These Webinars are approved by the Association for Play Therapy (APT) Approved Provider 95-002. Continuing education credits will be awarded to participants who attend the entire webinar. Partial credit cannot be given for late arrivals or early departures. No exceptions can be made to this policy. Direct questions about registration and webinars to 609-448-2145.

CANCELLATION POLICY

To cancel your Webinar reservation, we must receive your notice **NO LATER** than 30 days before the Webinar date. **All cancellations and changes to other workshops will be subject to a \$35.00 administrative charge per seminar.**

