

The Play Therapy Training Institute, Inc.

Announces The
2020

PLAY THERAPY SEMINAR SERIES

Monroe Township, New Jersey
January 2020 through December 2020

Director: Heidi G. Kaduson, Ph.D., RPT-S

The Play Therapy Training Institute, Inc. is pleased to offer a variety of Play Therapy seminars to psychologists, play therapists, counselors, social workers, nurses and all other mental health professionals. The average class size in our program is less than 12 a factor that contributes to an ideal learning environment. Due to limited seating, early registration is strongly recommended.

For students who wish to take a large number of our courses (usually over a number of years) we offer a Certificate Program in Play Therapy that consists of two levels: Level One involves 102 hours of instruction in basic concepts and techniques of Play Therapy. Level Two consists of 102 hours of training in advanced Play Therapy theory and practice. Each course provides 6 hours of training or 6 CE credits. More information is available on our website: ptti.org or by request.

To register for a seminar please visit our website at www.ptti.org.

The following seminars will be offered in 2020:

Date Sun, Feb 9, 2020

Course Description

Time 8:30-4:00

Course # 106

Title Child-Centered Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Child-Centered Play Therapy has been shown from over 50 years of experience and research to be a very effective approach for helping children. The skills of CCPT are useful when conducting other types of play therapy as well. In CCPT, the therapist creates a nonjudgmental atmosphere with clear boundaries in which children can feel safe to express their feelings, identities and struggles. The therapeutic environment also facilitates children's development of mastery, coping, and problem-solving skills. This course covers the rationale, skills, methods, and applications of CCPT. The workshop will include videos, skills-training, and discussions of the wide applicability of CCPT, including its use in a short-term format. Identification and understanding of play themes are also covered.

Date Sun, Mar 22, 2020

Course Description

Time 8:30-4:00

Course # 114

Title Basic Sand Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

This is a didactic and experiential workshop designed to introduce participants to sand tray play therapy. An overview of the necessary materials (sand, water, miniature objects) needed to set up and begin utilizing sand tray play therapy will be presented. Participants will have their own experience of working directly in the sand. They will explore how to invite, observe, experience and process this method of play therapy with their clients.

Date Sun, Apr 19, 2020

Time 8:30-4:00

Course # 150

Title Group Play Therapy Techniques

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Group play therapy methods can be used to help children reach both therapeutic and educational goals. The social interactions and easy-to-learn, fun atmosphere of group play interventions can assist with the development of social skills, self-assertiveness, problem-solving skills, self-confidence and teamwork. Classroom activities will also be discussed and illustrated to integrate play therapy into the learning experience of children. These group play therapy techniques are for latency aged children through adults. Come to play - dress casually.

Date Sun, May 3, 2020

Time 8:30-4:00

Course # 218

Title Art Therapy for Play Therapists

Instructor Elizabeth Couturier ATR-BC

Course Description

While artwork is often spontaneous in play therapy, this workshop will introduce play therapist's to purposefully incorporating art to facilitate the healing process. Different art materials and their therapeutic properties will be discussed and a variety of techniques will be introduced. Case illustrations will also be provided. Participants should come prepared to experience and use "messy" play to help in treatment.

Date Sun, May 31, 2020

Time 8:30-4:00

Course # 204

Title Puppet Play Therapy Advanced

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Advanced Puppetry is based on knowing the importance of puppetry in play therapy. Participants will leave this workshop equipped to use puppets in the following ways: 1) to create therapeutic stories and convey healing metaphors to child clients, 2) to teach skills (social skills, anger management skills, problem solving skills, and anxiety reduction skills, etc.) and practice these skills, 3) to process traumatic events and help the child gain mastery over them, 4) to overcome resistance to treatment, 5) to help children assess therapeutic progress and reflect on the work that has been accomplished during treatment and 6) to assess the child's perceptions of family dynamics and salient events in their lives. Participants will create one puppet during the course of the day to take home to their playrooms. Videotape segments of puppet work in actual client sessions will be presented.

Date Sun, Jun 28, 2020

Time 8:30-4:00

Course # 105

Title Psychodynamic Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Play Therapy traces its origins to psychoanalytic theory. This seminar presents an overview of concepts underlying Psychoanalytic Play Therapy and the value of these ideas in contemporary practice. Focus will be on: conducting a psychodynamic assessment; using the initial play sessions to develop a working alliance and a dynamic understanding of the child; working with transference, countertransference and resistance; adapting interventions at various stages of treatment; and termination. The diverse roles and ego functions which the therapist provides and ways to elicit parent involvement will be discussed. Clinical case material will be used to illustrate the concepts discussed and a description of play materials for working within this paradigm will be provided.

Date Sun, Jul 19, 2020

Time 8:30-4:00

Course # 103

Title Play Diagnosis and Assessment

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

The growing field of Play Diagnosis and Assessment provides many formal as well as informal techniques which facilitate the identified child's ability to participate in the evaluation process. The goal of this seminar is to present a general overview of the field. The seminar will include a discussion of the advantages and disadvantages of Play Assessment and will survey a variety of Play Techniques and Scales which can enhance the assessment of children and their families. The purpose of this course is to familiarize the participants with some of the available alternative procedures for gleaning information through Play Behaviors. Although a few methods will be highlighted in some detail, most will be generally reviewed with regard to their purpose and potential usages.

Date Sun, Aug 16, 2020

Time 8:30-4:00

Course # 137

Title Follow the Fun Program

Instructor Elizabeth Couturier ATR-BC

Course Description

So many children have been pushed through our public school system without really mastering the material they need. While approximately 85% of children can learn through the whole language approach, there are still 15% that need more explicit instructions than are typically shown. The Fun Program was created in 2009 in order to make learning fun and easy. Play Therapy has always been the language of the child, and through this method, the Fun Program was created. This is a directive technique program which facilitates the child's learning in therapeutic ways. The therapeutic powers of play enhance the child's ability to learn and heal. The art techniques pull the right brain strength of the child, and together these techniques help resolve the psychological difficulties associated with learning disabilities.

Date Sun, Sep 20, 2020

Time 8:30-4:00

Course # 102

Title Game Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Therapeutic board games have become increasingly popular tools used in Play Therapy with elementary school children and adolescents. Through lecture and play simulations, participants will become familiar with games designed to promote problem-solving, self expression, communication, reality testing, and socialization. A variety of therapeutic board games, card games, video games, action-oriented games, and fine-motor games will be presented

Date Sun, Oct 18, 2020

Time 8:30-4:00

Course # 101

Title Foundations of Play Therapy

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

This introductory course is designed to present a broad, state-of-the-art overview of the field of Play Therapy. Topics include: theories of play, therapeutic properties of play, developmental perspectives, history and major schools of Play Therapy, specific techniques and strategies, play equipment and materials, case illustrations, and research foundations. Videotapes of Play Therapy in action will supplement the didactic presentation. **This is a Level 1 Core Course.**

Date Sun, Nov 22, 2020

Time 8:30-4:00

Course # 290

Title 101 Favorite Play Therapy Techniques

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Techniques are the tools that play therapists use to help children resolve their psychological difficulties. In this seminar, a wide variety of play techniques will be described, including fantasy techniques, storytelling techniques, expressive art techniques, play toys/objects techniques, and group play techniques. These play tools all meet the criteria of being specific, practical, and relatively easy to implement. In addition, they are based on solid theoretical frameworks and extensive practical application by play therapists around the world. They should be of interest to beginning and experienced play therapists of all theoretical orientations.

Date Sun, Dec 13, 2020

Time 8:30-4:00

Course # 231

Title Play Therapy for Disruptive and Mood Disorders

Instructor Heidi G. Kaduson, Ph.D., RPT-S

Course Description

Many therapists are now involved in treating a combination of Mood Disorders and/or Disruptive Disorders. This workshop will review the main Disruptive Disorders (Attention-deficit Hyperactivity Disorder, Oppositional Defiant Disorder, as well as Unipolar and Bipolar Disorders). Some assessment tools and diagnostic criteria will be presented to assist the clinician in confirming a diagnosis. Participants will learn the similarities among these disorders and how that helps reach children with difficult behaviors. In addition, participants will learn some effective parenting tips to help the families of children diagnosed with these disorders. Activities during this workshop will illustrate how to help children channel anger, enhance verbalization of feelings, and release built up tension. DVD presentations will illustrate many of the techniques that have had success with this population.

NONDISCRIMINATION POLICY

We welcome participants of any race, color, national/ethnic origin, age, religious creed, sex, sexual orientation, or disabling condition, and accord everyone the same rights, privileges, programs, and activities. We do not discriminate and we will make any reasonable accommodation to ensure that webinars are accessible. We welcome personal helpers/caregivers/interpreters as well.

CONTINUING EDUCATION

These seminars are approved by the Association for Play Therapy (APT) Approved Provider 95-002. Six (6) continuing education credits will be awarded to participants who attend. Partial credit cannot be given for late arrivals or early departures. No exceptions can be made to this policy. Direct questions about registration and seminars to 609-448-2145.

CANCELLATION POLICY

To cancel your seminar reservation, we must receive your notice **NO LATER** than 30 days before the seminar date. **All cancellations and changes to other workshops will be subject to a \$35.00 administrative charge per seminar.**

